

THE GREATEST ADVENTURE SCRIPTURE COURSE

NOTES FOR THE LEADERS

•This material can be used as a Scripture Course for which certificates can then be ordered from Jennifer Lockhart on jd-wright@sky.com

•The Martins' Scripture course is not examined with a written exam as the other sections are, each Martin who completes 4 or more weeks of the course and can say the memory verse corporately with the rest of the group is eligible to receive their Scripture Certificate.

•While there is no specific badge for the Scripture Course some leaders may wish to award the "Me and God" badge to those children who take part in 4 or more weeks of the course. Those children who took part in the Scripture Course last year are eligible for their second "Me and God Badge".

•This year the Martins and Y Team courses follow the same topics to assist those who lead both sections or who run both at the same time.

•Two songs and a memory verse are recommended at the start of this course which you may wish to teach the children and revisit at various stages through the 6 sessions. One of these songs "All Through History" is also used in the Y Team Scripture Course for those groups who are teaching both age groups together.

•We recognize that with an age range of 3-7 there is a big difference between the understanding and development of the youngest Martin and the oldest. To help you to pitch this course at the appropriate level for your group we have included simpler "Mini-Martins" and more advanced "Mega-Martins" options in each session. Please choose the option which is best suited to your group. For those groups with an even mix of Martins throughout the age group we recommended using a mixture of the options.

•A page entitled "Leaders' Preparation Page" has been included at the beginning of each session to aid you in your planning, this page includes a check list of materials that you will need to collect in advance and any bible passages which we recommend that you read in preparation.

•We recommend running this course over 6–12 weeks with one topic per week or spread over 2 weeks, however, this does not need to be 6 consecutive weeks.

•We recommend that the "Bringing it to Life" section takes no more than 5-10 minutes.

•Feel free to add your own style and to omit/add your own ideas, this material is just meant to be a help and guidance for you.

•The memory pen supplied with this resource includes handouts, songs and useful links to aid you in leading the Scripture Course.

THE BIG IDEA

"The Greatest Adventure" takes the Martins on a journey through the bible from start to finish, focusing on 6 of the key foundations of the Christian faith. Our prayer is that as they adventure through these sessions, they will gain a basic understanding of these pillars of the Christian faith and will finish the course with solid foundations from which their faith can grow. We pray that as they take part they will grasp the excitement and the hope that the bible offers us and will begin their own adventure of faith!

Topics:

- 1. The Greatest Beginning Creation
- 2. The Greatest Problem Sin Enters the World
- 3. The Greatest Rescue Jesus Dies on the Cross
- 4. The Greatest Miracle The Resurrection of Jesus
- 5. The Greatest Friend The Holy Spirit
- 6. The Greatest Way to Live The Fruits of the Spirit

MUSIC

You might wish to teach the Martins "Creator God" and/or "All Through History" as the theme song for "The Greatest Adventure" Martin's Scripture Course. Both songs and action videos can be found in the Martins Folder of your memory pen.

"All Through History" is also used as part of the Y Team Scripture Course for those who may find this overlap useful.

MEMORYVERSE

The recommended memory verse for "The Greatest Adventure" Martins' Scripture Course is;

"Your word is a lamp onto my feet and a light for my path." Psalm 119:105

You might wish to explain to the Martins that over the coming weeks you will be going on an adventure together through the bible. Discuss with them the things that might be useful to bring on an adventure, including a torch, to show them the way. Explain to them the Bible is like a torch, to help us to find our way through life and any problems we might face. You might choose to teach the memory verse using the following ideas;

- Use the "Disappearing Memory Verse" on the memory pen. Have the children say the verse really loudly, really quietly, really quickly etc. If you feel they have followed the instructions well then you can move on to the next slide on which some of the words are erased. Continue with this until you have no words left. Alternatively, you might have the children "blow" the words off the screen while you discreetly click the slides forward.
- 2. Have the children sit in a circle, passing around a bowl of sweets as they repeat the verse together. When they get to the end of the verse, the child holding the sweets may take one. Children who don't have a sweet by the end of the game can still win one by saying the verse to a leader.
- 3. After reading the verse together a few times ask the children to repeat it in each of the following ways: whispered while tiptoeing, shouted while marched, while jogging on the spot, in slow motion while crawling in slow motion, in a silly voice while walking backwards.

THE GREATEST BEGINNING LEADER'S PREPARATION PAGE

THE BIG IDEA

As we set out on "The Greatest Adventure" what better place to start than right at the beginning? The purpose of this session is to serve as a kick start for your journey through the bible and to help the children to understand where everything began. We hope that by the end of this session the Martins will have a basic understanding that God is the creator of the whole world and that he made them.

FOUNDATIONS

In Preparation for this session please read the following passage:

In the beginning God created the heavens and the earth. Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters.

And God said, "Let there be light," and there was light. God saw that the light was good, and he separated the light from the darkness. God called the light "day," and the darkness he called "night." And there was evening, and there was morning—the first day.

And God said, "Let there be a vault between the waters to separate water from water."So God made the vault and separated the water under the vault from the water above it. And it was so. God called the vault "sky." And there was evening, and there was morning—the second day.

And God said, "Let the water under the sky be gathered to one place, and let dry ground appear." And it was so. God called the dry ground "land," and the gathered watershe called "seas." And God saw that it was good. Then God said, "Let the land produce vegetation: seed-bearing plants and trees on the land that bear fruit with seed in it, according to their various kinds." And it was so. The land produced vegetation: plants bearing seed according to their kinds and trees bearing fruit with seed in it according to their kinds. And God saw that it was good. And there was evening, and there was morning—the third day.

And God said, "Let there be lights in the vault of the sky to separate the day from the night, and let them serve as signs to mark sacred times, and days and years, and let them be lights in the vault of the sky to give light on the earth." And it was so.God made two great lights—the greater light to govern the day and the lesser light to govern the night. He also made the stars. God set them in the vault of the sky to give light on the earth, to govern the day and the night, and to separate light from darkness. And God saw that it was good. And there was evening, and there was morning—the fourth day.

And God said, "Let the water teem with living creatures, and let birds fly above the earth across the vault of the sky." So God created the great creatures of the sea and every living thing with which the water teems and that moves about in it, according to their kinds, and every winged bird according to its kind. And God saw that it was good. God blessed them and said, "Be fruitful and increase in number and fill the water in the seas, and let the birds increase on the earth." And there was evening, and there was morning—the fifth day.

And God said, "Let the land produce living creatures according to their kinds: the livestock, the creatures that move along the ground, and the wild animals, each according to its kind." And it was so. God made the wild animals according to their kinds, the livestock according to their kinds, and all the creatures that move along the ground according to their kinds. And God saw that it was good. Then God said, "Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals,[a] and over all the creatures that move along the ground."

So God created mankind in his own image, in the image of God he created them; male and female he created them. God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground." Then God said, "I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food. And to all the beasts of the earth and all the birds in the sky and all the creatures that move along the ground—everything that has the breath of life in it—I give every green plant for food." And it was so. God saw all that he had made, and it was very good. And there was evening, and there was morning—the sixth day.

Thus the heavens and the earth were completed in all their vast array. By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

Genesis 1-2:3

THE GREATEST BEGINNING

BRINGING IT TO LIFE

Create some excitement and anticipation as you ask the children if they would like to come on adventure with you. Ask them if they are sure they are up for the challenge as this is not just any adventure but the greatest adventure ever, through the bible! Tell them that tonight you will be going right back to the very start where everything began.

Please choose the teaching option most appropriate for your groups level:

MINI-MARTINS

Using the Creation Poster which accompanies this Scripture Course talk to the children about what God created on each day. First use the back of the poster which is black to describe how in the beginning there was nothing, except God. Then move on to each of the 7 days. Involve them by asking them which number comes next as you go from days 1 to 7 and encouraging them to identify what each of the pictures shows.

Explain to the Martin's that God created the whole world, even you and me and so he knows everything about us.

MEGA-MARTINS

Give each of the Martin's a lump of play dough, clay or blue tac.

Using the Creation Poster which accompanies this Scripture Course talk to the children about what God created on each day. First use the back of the poster which is black to describe how in the beginning there was nothing, except God. Then move on to each of the 7 days. As you describe what God created on a few of the days ask the Martins to make it out of the play dough, for example, ask them to make the sun or to make an animal. When you get to the 7th day explain to the children that God rested and that he wants us to follow his example and take a day off each week to have a rest and spend time talking to him.

Explain to the Martin's that God created the whole world, even you and me and so he knows everything about us.

THE FUN PART

Choose whichever combination of crafts, games and music that suits the time and resources you have available.

GAMES - MINI-MARTINS

Animal Statues

Have the martins run around the hall while you call out different animal, bird and fish names. The children must move around as if they are this animal either through their movement or through sound effects. When you blow the whistle, they must freeze in position. After a few rounds start to put out children who are last to freeze until you are left with a winner.

GAMES- MEGA-MARTINS

Scavenger Hunt!

If you have grounds which are safe to take the children out into then send them on a scavenger hunt, in groups, with 2 leaders per group. Give each group a bag and give them a set amount of time to gather as many different items that God created as possible e.g. stones, sticks, leaves. They must only collect one of each different item. The winning team is the one who finishes with the most different items which God created.

God Created ME!

This game is a version of "What's the time Mr Wolf". A leader stands at one end of the hall, facing the wall, while the children line up at the other end. The leader calls out "On day one God created day and night" or "On day five God created the fish and birds". The days should be called out in no particular order. The children take steps forward according to the day number which the leader has called out. When the leader shouts "On Day 7 God created ME!" they turn around and chase the children back to the end of the hall. Any who are caught before they reach the wall are out. The winner is the last child to be caught.

CRAFT- MINI-MARTINS

Creation Hand Prints

Print the "Creation Hand Print" Template from your memory pen and give one to each child. Help the children to paint their hands and to place two handprints on either side of the globe in the picture. Keep a basin of water nearby for them to wash their hands as soon as they are finished.

Creation Work Sheet

Let the Martins colour in the "Days of Creation Colouring Sheet" found on your memory pen.

CRAFT- MEGA-MARTINS

Paint the World!

Give each child a paper plate which has had some blobs of green and blue paint added to it and has been placed into a sealable plastic bag. The children now can move the paint around to create a picture of the world without getting messy!





God Made Me Mirror!

Give each child a square of card board with 'God Made Me!" written on it. Give then a circle of silver card or thick tin foil to stick onto the card and a lollipop stick to cellotape to the back. Allow them to colour in the card and give them stickers or gems to stick around their mirror.

THE CHALLENGE

Challenge your Martins to do one thing this week to look after the world God has made. This might be putting their rubbish in a bin or helping to look after their pets. At the beginning of the next session give them an opportunity to tell you what they did to look after God's world.

WRAPPINGITUP

If your Martin's made the "God Made Me Mirrors" have them look at themselves in these. If not, one of the leaders may be able to provide a large mirror to set before the group. As they look at themselves have them repeat this prayer after you;

"Thank you God for making me. Thank you that you know everything about me. Thank you that you love me."

THE GREATEST PROBLEM LEADER'S PREPARATION PAGE

THE BIG IDEA

The aim of this session is to give the Martins a basic understanding of the story of Adam and Eve and how sin entered the world when they chose to disobey God. Adam and Eve had been friends with God and had been able to walk with him in the Garden of Eden but now there was now a distance between them because of their sin. We hope that the Martins will grasp that this is a problem for all of us because we all do the wrong thing at times and this stops us from being able to be friends with God. However, we have an amazing hope because God didn't want to leave us stuck in this problem and we will learn about His solution in the next session.

FOUNDATIONS

In Preparation for this session please read the following passages:

Genesis 2:15-22

The LORD God took the man and put him in the Garden of Eden to work it and take care of it. And the LORD God commanded the man, "You are free to eat from any tree in the garden; but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly die."

The LORD God said, "It is not good for the man to be alone. I will make a helper suitable for him." Now the LORD God had formed out of the ground all the wild animals and all the birds in the sky. He brought them to the man to see what he would name them; and whatever the man called each living creature, that was its name. So the man gave names to all the livestock, the birds in the sky and all the wild animals.

But for Adam no suitable helper was found. So the LORD God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh. Then the LORD God made a woman from the rib he had taken out of the man, and he brought her to the man.

Genesis 3: 1-13 and 16-19

Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, "Did God really say, 'You must not eat from any tree in the garden'?"

The woman said to the serpent, "We may eat fruit from the trees in the garden, but God did say, 'You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die."""You will not certainly die," the serpent said to the woman. "For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil."

When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves. Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. But the LORD God called to the man, "Where are you?" He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid." And he said, "Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?" The man said, "The woman you put here with me—she gave me some fruit from the tree, and I ate it."

Then the LORD God said to the woman, "What is this you have done?" The woman said, "The serpent deceived me, and I ate."

To the woman he said, "I will make your pains in childbearing very severe; with painful labor you will give birth to children. Your desire will be for your husband, and he will rule over you." To Adam he said, "Because you listened to your wife and ate fruit from the tree about which I commanded you, 'You must not eat from it,' "Cursed is the ground because of you;

through painful toil you will eat food from it all the days of your life. It will produce thorns and thistles for you, and you will eat the plants of the field. By the sweat of your brow you will eat your fooduntil you return to the ground, since from it you were taken, for dust you are and to dust you will return."

LEADERS COLLECTION CHECKLIST

For the Mega-Martins craft option 1- Garden of Eden Trees – you will need to collect toilet roll tubes in advance.

THE GREATEST PROBLEM

BRINGING IT TO LIFE

Please choose the teaching option most appropriate for your groups level:

MINI-MARTINS

Tell the Martins that you are going to be telling them a story about the first man and woman and that you would like them to listen out for certain words. When they hear these words, they should make the following sounds or actions.

Snake: "Hiiiiisssss" Fruit: *Rub tummy* "Yummm juicy" Adam: *Manly roar and muscle flexing* Eve: *Swoon* "Adam you're the man"

Have a practice and then read the following story, pausing to let the Martin's make their sound effects. Have a few leaders at the front to prompt the actions and sounds.

"God made the first man, Adam and the first woman, Eve and gave them a beautiful garden to live in. He told them that they could eat the fruit off any of the trees, except one tree, in the middle of the garden. He told them they must never eat the fruit from this tree. Adam and Eve obeyed God and didn't eat this fruit. God would visit them in the garden, He was their friend. One day a snake came to Eve. The snake told her that she should eat the fruit which God had told her not to. The snake said God would never know and that he didn't really mean it when he had told them not to eat this fruit. So, Eve listened to the Snake, after all the fruit did look really good and she had been dying to try it! After Eve took a bite of the fruit she gave some to Adam and he ate it too. When God found out they had eaten the fruit how do you think he felt? (Accept Responses) He was very sad that they had disobeyed him because this meant that their hearts weren't perfect anymore. They weren't able to live in the perfect garden with God anymore.

Ask the Martins if they can think of any examples of things that we might do wrong? Things that we know God wouldn't want us to do. Explain to them that God doesn't want us to do these things because he wants us to have the best life we can and he wanted our hearts to stay perfect so he could be our friend. Explain to them that unfortunately, like Adam and Eve none of us are perfect and we all mess up sometimes. That is why God had to come up with a plan to fix our problem so we could be friends with him again. We will be learning about his plan next week.

MEGA-MARTINS

Bring with you two apples, one which has already had a bite taken out of it and has been allowed to go brown.

Tell the Martins that they are going to help you act out a story about the first man and women that God made, Adam and Eve. Ask one child to come up and be Adam and one to be Eve. Have them stand together holding hands. Tell them that in the beginning they lived in a garden called the Garden of Eden and God would visit them there, they were friends with God. Tell them that God gave them lots of trees which they could eat fruit off. Bring up a few more volunteers to stand posing as trees, you can hang some fruit off them using string or just have them hold pieces of fruit (Can be any type of fruit as long as they are all the same and are not apples). Tell them that there was one tree that God said they mustn't eat the fruit from. Have another child come up to be this forbidden tree, give them an apple to hold. Let Adam and Eve pick some fruit from one of the other trees and pretend to eat it. Have one of the other leaders enter in as the snake (sliding along or crawling if they are up for the challenge) The snake goes and whispers to Eve that she should have some of the fruit that God said not to eat. The snake whispers that she knows she wants to and that God will never know! Prompt Eve to take the apple from the tree and eat a bite before giving it to Adam to have a bite.

Have the actors sit down and ask the children if they think God will have found out about Adam and Eve eating the apple? Do they think he will have been happy with them for disobeying Him? Tell them that God wasn't pleased and that their disobedience meant that they couldn't live with Him in the Garden of Eden anymore.

Ask the Martin's about some of the wrong things we might do sometimes, things that we know God wouldn't want us to do. Be willing to share a story of a time you have done something wrong. Show them the apple which you have prepared and ask them what has happened to the inside of the apple. Explain that this is what happens to our hearts when we do the wrong thing, they stop being perfect and so we can't be friends with God. God gives us rules to follow not because he wants to spoil our fun but because he wants the best for us and doesn't want this to happen to our hearts.

Encourage them that although this sounds like very bad news for us, we don't need to worry because God came up with a plan to fix this problem for us, so that we could be friends with him again. They will be learning about this plan next week.

THE FUN PART

Choose whichever combination of crafts, games and music that suits the time and sources you have available

GAMES - MINI-MARTINS

"God Says"

This game is just "Simon Says" but instead of saying "Simon says do this" the instruction is "God says do this" to link in with the fact that Adam and Eve should have listened to God's instructions in the story. If you do not include "God says" but simply say "Do this" the children should not follow the instruction. Any children who follow the instruction are put out until only one child is left.

Adam, Adam, Eve

This game is a version of Duck, Duck, Goose with the only difference being that the children say Adam, Adam, Eve as they move around the circle. The children sit in a circle as one child walks around them patting their heads and saying Adam. When they pat a child's head and say Eve this child must get up and chase them around the circle to their empty space. If they do not catch them then the new child is now "it" and continues to move around the circle patting heads.

GAMES - MEGA MARTINS

Apple Relay

This relay is sure to get a few laughs as it's impossible to do it without looking silly! Give each child an apple and split them into two teams at one end of the hall. At the other end of the hall, place a bucket or basket for each team. Each team member must hold the apple between their legs and race to the other end of the hall where they drop it into the bucket without using their hands. They then run back to their team and the next team member goes. If anyone drops the apple that person must go back to the start and try again. The winning team is the team who has all their apples in the bucket first.

Apple Toss

Set up a number of buckets or hoops displaying different scores written on pieces of paper. The higher numbers should be furthest away. Each child takes a turn at throwing 3 "apples" (bean bags or small balls) at the buckets. If they get an apple into a bucket they receive the score on that bucket. At the end of their 3 throws their score is added together. For larger groups, you may wish to set up two throwing areas and split the group in two.

MARTIN'S SCRIPTURE COURSE

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CRAFT - MINI-MARTINS

Garden of Eden Colouring Sheet

Give the Martins some felt tips and stickers to decorate the "Garden of Eden Colouring Sheet" found on your memory pen.

Decorate the Garden of Eden Tree

Print out the "Garden of Eden Tree" Worksheet from your memory pen. Allow the children to colour in the tree and to stick on pieces of red tissue paper as fruit.

CRAFT - MEGA-MARTINS

Garden of Eden Trees

You will need:

- Green card
- Red tissue paper
- Toilet roll tubes
- Pipe-cleaners
- Cellotape
- Glue sticks

Instructions:

- 1. Before the session cut some green card into the shape of tree tops (you could also use white card and let the children colour it in green)
- 2. Give each child a tree top and some red tissue paper which they can rip pieces off and crumple up to make "apples". You could also use small red pom-poms instead of tissue paper.
- 3. With glue sticks they can then add these to their tree.
- 4. The Martins can twist a green pipe cleaner around their toilet roll tube to look like a snake. Help then to add a little cellotape to secure this.
- 5. Help the Martins to cellotape the back of their tree top to the edge of a toilet roll tube



Cornflakes Trees

You will need:

- Cornflakes
- Butter
- Mini-marshmallows
- Green Food Colouring
- Flat bottomed icecream cones
- Red sweets for apples (cola flavoured millions/red smarties or m&ms)
- Jellyworms for snacks

Instructions:

- 1. Make up a cornflakes bun mixture using 1/2 cup melted butter, 4 cups of melted mini-marshmallows and 4 cups of cornflakes. (This recipe makes approximately 8 trees)
- 2. Add 1 tsp of green food colouring to the mixture to make it look like leaves.
- 3. Allow each of the children to add a spoonful of the mixture to an icecream cone. They can now decorate it with apples and a snake.

WRAPPING IT UP

Consider making a prayer tree for your company. While this idea may take a little more preparation, if you choose to make one it is also used in the Y Team Scripture Course and could be used by the whole company throughout the year. The picture below gives you an idea of how a prayer tree could be made, by placing some sticks in a large jar. They could also be placed in a pot and held in place with soil or stones. Any artificial or real potted tree or plant could also be used.

Give each of the children a piece of card, into which you have made a hole and added a piece of string. Encourage the children to write or draw a prayer to God, in particular focusing on the times we have not done the things he asked us to do and for which we need to say sorry. Mini-Martins may need some help with writing their prayers. Conclude the session with the following prayer:

Dear God,

Thank you that you always want what is best for us. Help us to listen to your instructions and to follow you. We are sorry for the times when we have done things that we know we shouldn't. Thank you that you love us no matter what and that you made a plan so that we could be friends with you again.

Amen





THE GREATEST RESCUE LEADERS PREPARATION PAGE

THE BIG IDEA

This session follows on from The Greatest Problem session which pointed towards the hope that God had made a plan to fix the problem of our sin and to bring us back into a friendship with him. The aim of this session is to help the children understand that Jesus is the solution to our problem. It was God's plan to send him into the world to die in our place so that we wouldn't have to suffer the consequences of our mistakes but could be forgiven and become friends with him again. By the end of this session we hope that the children will have an understanding of how they can be forgiven and how they can become friends with Jesus.

FOUNDATIONS

In Preparation for this session please read the following passages:

Luke 23:32-48

There were also two others, criminals, led with Him to be put to death. And when they had come to the place called Calvary, there they crucified Him, and the criminals, one on the right hand and the other on the left. Then Jesus said, "Father, forgive them, for they do not know what they do."

And they divided His garments and cast lots. And the people stood looking on. But even the rulers with them sneered, saying, "He saved others; let Him save Himself if He is the Christ, the chosen of God." The soldiers also mocked Him, coming and offering Him sour wine, and saying, "If You are the King of the Jews, save Yourself." And an inscription also was written over Him in letters of Greek, Latin, and Hebrew:

THIS IS THE KING OF THE JEWS.

Then one of the criminals who were hanged blasphemed Him, saying, "If You are the Christ, save Yourself and us." But the other, answering, rebuked him, saying, "Do you not even fear God, seeing you are under the same condemnation? And we indeed justly, for we receive the due reward of our deeds; but this Man has done nothing wrong." Then he said to Jesus, "Lord, remember me when You come into Your kingdom." And Jesus said to him, "Assuredly, I say to you, today you will be with Me in Paradise."

Now it was about the sixth hour, and there was darkness over all the earth until the ninth hour. Then the sun was darkened,[m] and the veil of the temple was torn in two. And when Jesus had cried out with a loud voice, He said, "Father, 'into Your hands I commit My spirit." Having said this, He breathed His last. So when the centurion saw what had happened, he glorified God, saying, "Certainly this was a righteous Man!"

1 John 4:10

This is love! It is not that we loved God but that He loved us. For God sent His Son to pay for our sins with His own blood.

John 3:16

God so loved the world that he gave his one and only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.

THE GREATEST RESCUE

BRINGING IT TO LIFE

Please choose a teaching option most appropriate for your groups level:

MINI-MARTINS

Ask the Martins if they can remember what they learnt in the last session. Remind them that we learnt that we all do things that we shouldn't and that don't please God. Tell them that today you have good news for them. Let them have a guess what this might be. You might want to have some leaders prepped to shout out silly suggestions like "It's Christmas" or "You've got a new puppy". Explain that the good news is even better than this, God loves them so much that he wanted to fix this problem and rescue us. He came up with a plan to send his son into our world to be punished for all the things we have done wrong so that we don't have to be punished for them. Ask them if they know the name of God's son. Show them the "Jesus on the Cross" poster which accompanies this Scripture Course. Explain that Jesus died on the cross in our place so that we could be forgiven for our mistakes. Tell them that all they have to do to be forgiven and to have God as their friend is say sorry and ask Him into their heart.

MEGA-MARTINS

Prepare a hard-boiled egg in advance of this session. Ask the children to remind you of some of the wrong things that we do that you discussed in the last session. As they give you examples write them on the egg with a marker until the egg is covered. Ask a few of the children to feel the egg and tell you how it feels. Explain that this egg reminds you of our hearts when we do wrong, they are hard and messy and far from perfect. This stops us from being able to be friends with God but thankfully he loves us so much that he came up with a rescue plan to send his only son to save us. Ask if anyone knows the name of God's son? Show them the picture which is included with this course of Jesus on the cross. Explain that it was God's plan for Jesus to die on the cross, even though he had never done any of these things wrong, to be punished for all of these things that we have done, so that we don't have to punished. Begin to peel the shell of the egg to reveal a perfect white egg. Tell the Martin's that this is what happens when we ask Jesus to forgive us, he gets rid of all the things we've done wrong!

Ask a few of the Martins to feel the egg now and tell you how it feels (hopefully they will say softer). When we say sorry to Jesus our hearts become softer and full of love because Jesus comes into our hearts to be our friend.

THE FUN PART

Choose whichever combination of crafts, games and music that suits the time and resources you have available

GAMES - MINI-MARTINS

The Warmth of the Cross

Explain to the Martins that Jesus died on the cross because he loves us. Ask them if they think love is hot or cold? Does it make them feel warm?

Give one of the Martins a cross (one that you have prepared earlier for one of the crafts). While the other Martins turn their back, this child will hide the cross somewhere in the room. The other children now go in search of the cross while the child who hide it (with your help) calls out the names of children who are getting warmer or colder. The first child to find the cross gets the next go at hiding it.

GAMES - MEGA-MARTINS

Rescue Mission

Take one Martin "captive" and put them in a "prison" made from chairs placed in a square at one end of the hall. The rest of the Martins must try to get from the other end of the hall to rescue their friend. As they run down the hall the leaders throw sponge balls at them trying to hit their legs. Any Martins whose legs are hit will be in "prison" for the next round. If any Martin's make it to the prison then they have rescued their friend and can bring them back with them to the start as the leaders continue to throw balls at them and try to put them back in prison. Start again with any children who were caught being put in prison with the rest of the children trying to rescue them.

CRAFT - MINI-MARTINS

Tissue Paper Cross

Print the "Paper Cross" template from your memory pen, if possible onto card. Give the Martins some tissue paper in different colours and encourage them to tear it into pieces and stick them on the cross.

Stick Crosses

Prior to Brigade, stick two lollypop sticks together with PVA glue into the shape of a cross, for each child.

Allow the Martins to add gems, stickers and glitter to their cross

CRAFT - MEGA MARTINS

Jesus Loves Me Hands

Print the "Jesus Loves Me" template from your memory pen and give a set of two hands to each Martin. You can choose to let them cut these out themselves or to cut them out before Brigade, depending on their cutting skills! Allow the Martins to decorate the hands (girls might enjoy putting gems on the finger nails). They should then cellotape a piece of ribbon or yarn between the two hands so that they can be stretched wide.



Colouring Sheet

Print a copy of the "Greatest Rescue Colouring Sheet" from your memory pen and let the Martins enjoy colouring and decorating it with stickers.

THE CHALLENGE

Encourage the Martin's that Jesus is our friend and so we can talk to him just like we would talk to our best friend at school. Encourage them to spend time talking to Jesus this week by praying to him.

WRAPPING IT VP

Have the Martins sit in a circle with a large basin of water in the centre. Give each child a piece of paper in the shape of a heart and a pen. Tell them that we are going to pretend that these are our hearts and so we need to write our names on them. Have a few leaders on hand to help those children who have not yet learnt to write their names. Ask the children to fold in the edges of their heart as shown in the picture. Tell them that you are going to say a prayer, opening up our hearts to Jesus and asking him to come in and be our friend. If they would like to join in the prayer they can put their hearts in the water and see what happens.

Say the following prayer:

Thank you, Jesus, that you love us and came into our world to rescue us. Thank you that because you died on the cross for us we can be forgiven for the mistakes me make. Please come into our hearts and be our best friend.



Amen.

Give the children an opportunity to put their hearts in the water and watch as they "open up to Jesus".

THE GREATEST MIRACLE LEADERS' PREPARATION PAGE

THE BIG IDEA

The purpose of this session is to help the Martin's to learn that Jesus death on the cross was not the end of the story! Not only did he beat our sin but in the greatest miracle the world has ever seen he beat death and rose from the grave! By the end of this session we hope that the children will grasp that Jesus is still alive today and that he not only wants to forgive them for their sin but also give them a life in heaven with him forever!

FOUNDATIONS

In Preparation for this session please read the following passage:

Matthew 28:1-10

The day after the Sabbath day was the first day of the week. At dawn on the first day, Mary Magdalene and another woman named Mary went to look at the tomb. At that time there was a strong earthquake. An angel of the Lord came down from heaven, went to the tomb, and rolled the stone away from the entrance. Then he sat on the stone. He was shining as bright as lightning, and his clothes were white as snow. The soldiers guarding the tomb shook with fear because of the angel, and they became like dead men. The angel said to the women, "Don't be afraid. I know that you are looking for Jesus, who has been crucified. He is not here. He has risen from the dead as he said he would. Come and see the place where his body was. And go quickly and tell his followers, 'Jesus has risen from the dead. He is going into Galilee ahead of you, and you will see him there."" Then the angel said, "Now I have told you." The women left the tomb quickly. They were afraid, but they were also very happy. They ran to tell Jesus' followers what had happened. Suddenly, Jesus met them and said, "Greetings." The women came up to him, took hold of his feet, and worshiped him. Then Jesus said to them, "Don't be afraid. Go and tell my followers to go on to Galilee, and they will see me there."

THE GREATEST MIRACLE

BRINGING IT TO LIFE

Please choose a teaching option most appropriate for your groups level:

MINI-MARTINS

For this story, you will need the poster of the empty tomb which accompanies this resource. This is a picture of the tomb it is believed Jesus was buried in. Show the Martin's the poster and ask them if they know what it is. Explain that it is the tomb that Jesus was buried in. The second picture is of inside this tomb. Ask them what they can see in there? Explain to them that the reason there is nothing inside Jesus' tomb is because he didn't stay dead, after 3 days he came back to live and is still alive today. This is great news for us because Jesus wants to do the same thing for us and to give us life forever, with him in heaven!

MEGA-MARTINS

For this story, you will need to print and laminate the "Emoji Pictures" on your memory pen. These pictures can be re-used for any story in the bible and so making them might be worth the extra time, if you like this idea!

Show the Martin's the emoji pictures, setting them out along the wall. Explain to them that you are giving them a challenge to put all the pictures in the right order so that they tell the story of the greatest miracle. Explain that at the moment, they are in the wrong order but that they can tell you which pictures to move as you tell the story. The tricky part is that they are not allowed to shout out or point, they can only show you which picture to move by making faces which match the pictures. Warn them that you will only move the pictures if all of the group have convinced you with their facial expressions.

Read the following story, stopping at the highlighted parts to ask the children to show you which picture they think relates to this part of the story.

"It was 3 days after Jesus had died on the cross and two of the woman who had been his friends went to the tomb where he was buried to see his body. How do you think they were feeling? ***Sad face***

All of a sudden there was an earthquake and an angel appeared at the tomb to roll away the stone which was closing it. How do you think the soldiers who were guarding the tomb felt when they saw the angel? ***Scared face***

MARTIN'S SCRIPTURE COURSE

Yes, they were so scared that they fainted. As the women approached the tomb the angel said to them, "Don't be afraid, I know that you are looking for Jesus. He is not here. He has risen from the dead. How do you think the women would have felt? ***Shocked face*** The angel told them to go and tell his followers and that they would see him again soon. How do you think they would have felt about getting to see their friend Jesus again, who they thought was dead? ***Happy face***

They were running to tell Jesus followers what had happened when suddenly they met Jesus. He was alive!! How do you think they would have felt? *Amazed/Excited face*

This was the greatest miracle the world has ever seen, Jesus didn't just die for us he came back to life and wants to give us life with him forever in heaven!

Congratulate the Martins for completing their challenge and putting the Emoji's in order!

THE FUN PART

Choose whichever combination of crafts, games and music that suits the time and resources you have available

GAMES - MINI-MARTINS

Out of the tomb

Make a line on the floor with masking tape and have the children line up on one side of it. Explain that one side of the line is "in the tomb" and the other is "out of the tomb". When you call "in the tomb" and "out of the tomb" they must jump to the right side of the line. Anyone who jumps or falls into the wrong side of the line is out. You can try to get the players to jump incorrectly by pointing to one side as you yell to jump to the opposite side or by repeating the same side and/or changing the pace.

Jesus Hide and Seek

Place an empty basket or cardboard box on its side in the middle of the room, tell the children that we are going to pretend that this is the tomb that Jesus was buried in, ask them to come with you to look inside to see if Jesus is there. When you discover he's not there, explain that this is what happened to the disciples when they went to Jesus tomb, because he has risen from the dead. Send them on a mission to find Jesus. Have some pictures of Jesus printed and hidden around the room for them to search for. You can print pictures of Jesus from the "Resurrected Jesus" template on your memory pen.

GAMES - MEGA-MARTINS

Tomb Stone Dodgeball

Tell the Martins that you have several tombstones (balls). The must run from one end of the hall to the other without being hit with the tombstone while the Roman Guards" (leaders) stand at the side and throw the tombstones at them as they run. Anyone who a tomb stone touches us out and must come to the side to be held captive by the guards.

CRAFTS - MINI-MARTINS

Empty Tomb Biscuits

You Will Need:

- Any type of biscuit with a hole or jam in the middle (the tomb)
- Digestive or rich tea biscuits (the ground)
- Mini-eggs (the stone that was rolled away)
- Green buttercream icing or regular butter cream icing mixed with green food colouring (grass)

Colouring Sheet

Print the "Empty Tomb Colouring Sheet' from your memory pen for the Martin's to colour in.

CRAFTS - MEGA MARTINS

Resurrected Jesus

You will need:

- Paper Cups
- Felt Tips
- Lollipop sticks
- White Card
- Cello tape
- Scissors



Before Brigade print the "Resurrected Jesus" template from your memory pen onto card and cut one out for each child. Make a slit across the top of each cup as shown in the picture above. Allow the children to colour in Jesus and then help them to stick the picture to a lollipop stick. Encourage the children to draw a tomb with the stone rolled away on their cup. Alternatively, you could give them some circle shaped stickers to add. The lollipop stick can then be inserted into the cup as shown in the picture above.



Colour By Numbers Worksheet

Print the 'Colour By Numbers' worksheet by *Teacher Created Resources Inc* from your memory pen and encourage the Martins to colour it in according to the code.

WRAPPINGITUP

Have the Martin's sit in a circle. Blow some bubbles into the air and ask them to imagine that these are their prayers rising up to heaven to Jesus who is alive and waiting there for us.

As the bubbles rise conclude the session with the following prayer:

Dear Jesus,

Thank you that you didn't only die for us but you also rose from the dead and took away all the mistakes we have made. Thank you that you are still alive today, looking after us. Thank you that if we believe in you, one day we can have life forever with you in heaven.

Amen

THE GREATEST FRIEND LEADER'S PREPARATION PAGE

THE BIG IDEA

While the Holy Spirit can be a difficult concept for children to grasp, we believe that a basic understanding, that we have been given a friend to help and guide us, is an important part of this adventure through the bible. By the end of this session we hope that the children will understand that Jesus had to go back to heaven but that until he comes back again he hasn't left us on our own. He has given us his Holy Spirit to live in our hearts, to be our friend and to comfort and guide us. The main message that we hope the children will take away from this session is that we are never alone, Jesus is always with us through his Holy Spirit.

FOUNDATIONS

In Preparation for this session please read the following passages:

Jesus speaking to the disciples in John 14:16-18

I will ask the Father, and he will give you another helper who will be with you forever. That helper is the Spirit of Truth. The world cannot accept him, because it doesn't see or know him. You know him, because he lives with you and will be in you. "I will not leave you all alone. I will come back to you.

Acts 2:1-4

When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. They saw what seemed to be tongues of fire that separated and came to rest on each of them. All of them were filled with the Holy Spirit and began to speak in other tonguesa as the Spirit enabled them.

THE GREATEST FRIEND

BRINGING IT TO LIFE

Please choose the teaching option most appropriate for your groups level:

MINI-MARTINS

Show the Martin's a selection of teddy bears and blankets, pass these around the circle for them to feel and hold. Ask them what they are and what we might use them for? Tell the Martin's that these are your teddies and blankets which you take to bed to comfort you and help you feel safe. Alternatively, if you have a child of your own you could describe how they take or took these to bed with them to help them feel safe. Explain to the Martin's that although Jesus had to go back to heaven to get it ready for us, he didn't leave us on our own. He sent a special friend called the Holy Spirit. Just like these blankets the Holy Spirit's job is to comfort us and to help us feel safe. He can also guide us and help us when we don't know what to do. To help the Martin's to understand the crafts and games in this session briefly explain that when Jesus sent the Holy Spirit to live in his disciple's hearts, he entered the room like a strong wind that they couldn't see but they could feel. What looked like tongues of fire appeared on top of their heads. The disciples became very happy and very brave when they had the Holy Spirit to help them.

MEGA-MARTINS

Bring an empty drinks can and a full, unopened, drink can and place them on top of a table. Ask for a volunteer to come up and try to squash the empty can. If none of the Martins are able to squash it ask a leader to come and demonstrate. Do the same with the full can (warn the leader not to push too hard as you don't actually want it to crumple) Ask the Martin's why they think it was easier to squash the first can? Hopefully they will tell you that it is empty. Explain to the Martin's that Jesus had to go back to heaven to get it ready for us but that he didn't leave us on our own and empty. He sent a special friend called the Holy Spirit to come and live inside us and help us. Just like the can that was full if we have the Holy Spirit filling up our hearts when things are difficult we won't be squashed! The Holy Spirit will help us and show us what to do. He will be our friend and help us not to be scared! To help the Martin's understand the crafts and games in this session briefly explain that when Jesus sent the Holy Spirit to live in his disciple's hearts, he entered the room like a strong wind which they could feel but not see. What looked like tongues of fire appeared on top of their heads. The disciples became very happy and very brave when they had the Holy Spirit to help them.

THE FUN PART

Choose whichever combination of crafts, games and music that suits the time and resources you have available

GAMES - MINI-MARTINS

Guess Who?

Have the children run around the room. When you shout "Good night" they must lie on the ground and close their eyes, pretending to be asleep. Place a blanket over one of the children, covering them completely. When you shout "good morning" the children can open their eyes. Chose one child to be the guesser. They must try to guess who is under the blanket. Once they have made their final guess, the child under the blanket emerges and they see if their guess was right. Continue until all of the Martins have had a go at either being hidden or guessing.

GAMES - MEGA-MARTINS

The Wind Blows for.....

Have the children sit on chairs in a circle with one child in the centre of the circle, who is "It". The child who is "it" calls out any sentence, beginning with the words "The wind blows for " and ending with a description, for example, 'The wind blows for anyone wearing blue." Those who are wearing blue must get up and swap with someone in another seat. After a few goes the leader can chose someone else to be "It" or can take on this role themselves for the entire game.

CRAFT - MINI-MARTINS

Pentecost Flame Buns

Give each Martin a cupcake which they can decorate with buttercream icing (yellow or orange for the full effect) and sliced strawberries.



Pentecost Colouring Sheet

Print a copy of the Pentecost colouring sheet from your memory pen for each child. Give them felt tips, orange tissue paper and feathers to decorate it.

CRAFT - MEGA-MARTINS

Flame Headbands

You will need:

- Strips of card
- "Flame Template" from your memory pen printed onto card
- Scissors
- Felt Tips
- Cellotape
- Glue
- Tissue paper (red, yellow and orange)

Create these flame headbands by giving each child a strip of card and measuring it around their head. Cellotape or staple the two ends together. Print onto card and cut out the "Flame Template" from your memory pen. Allow the children to colour it in and stick on pieces of red, yellow and orange tissue paper. Help them to stick it to the front of their headband.

Holy Spirit Wind Twirls

To make these fun decorations which move in the wind, you will need:

- Craft foam sheets
- Felt Tips
- Scissors
- Wool/string
- Foam Stickers

Before Brigade cut out circles of foam and draw a spiral shape on them (like a snail's shell). Cut along the lines you have drawn then poke a hole in the top of the wind chime and tie a piece of wool through it. For more advanced Martin's you may wish to allow them to cut along the lines themselves. Allow the Martins to decorate their wind twirler with stickers and felt tips.

THE CHALLENGE

Challenge the Martin's to remember what they have learnt about the Holy Spirit this week. Remind them that if they feel scared or sad they can ask the Holy Spirit to help them and comfort them. Tell them that next week they will have an opportunity to tell you the stories of how the Holy Spirit helped them. At the start of the next session set aside some time to hear their stories.



WRAPPINGITUP

If you normally have a snack why not have a cake or some buns this week. Give each child a birthday candle and ask them to place it on the cake as a symbol that they are asking the Holy Spirit to be with them and help them. Light the candles and say the following prayer:

Dear Jesus,

Thank you that you didn't leave us on our own but that you have given us your Holy Spirit to be our friend and helper so we don't have to feel scared or lonely. Holy Spirit please fill up our hearts and show us what to do when we are stuck.

Amen.

THE GREATEST WAY TO LIVE LEADER'S PREPARATION PAGE

THE BIG IDEA

This session looks at the Fruits of the Spirit, the characteristics which the Holy Spirit can help us to grow in our lives, like fruit grows on a tree. These characteristics are those which make us more like Jesus, as we endeavor to live our lives for him. The aim of this session is to help the Martins understand that the Holy Spirit can help us to live better lives, to be kinder, more patient, more loving etc. By the end of this session we hope that they will be encouraged to live the best life they can for God with the help of the Holy Spirit.

FOUNDATIONS

In Preparation for this session please read the following verses:

Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

LEADER'S COLLECTION CHECKLIST

For Mini-Martins Craft Option 2- Bubble wrap painting you will need to collect some bubble wrap

THE GREATEST WAY TO LIVE

BRINGING IT TO LIFE

Please choose the teaching option most appropriate for your groups level:

MINI-MARTINS

Explain to the Martins that the bible tells us how we should treat other people. The bible calls the good ways that we should act, the Fruits of the Spirit. Show the Martins the "Disney Fruits of the Spirit Poster" which accompanies this Scripture Course. Discuss what quality each Disney character is showing and whether or not this is a fruit of the spirit/a way that the bible tells us we should act.

MEGA-MARTINS

Explain to the Martins that the Holy Spirit, who we learnt about last week can help us to be more like Jesus in the way we act and treat other people. The bible calls the good ways that we can act, the Fruits of the Spirit. Discuss the meaning of a few of these fruits and what they might look like in the way we treat others, for example, waiting for someone to finish with a toy before we can play with it would be showing patience and helping someone who is sad is kindness. Show the Martins the "Disney Fruits of the Spirit Poster" which accompanies this Scripture Course. Discuss what quality each Disney character is showing and whether or not they think this is a fruit of the spirit/a way that the bible tells us we should act.

THE FUN PART

Choose whichever combination of crafts, games and music that suits the time and resources you have available

GAMES - MINI-MARTINS

Name the Fruit

For this game, you will need a beach ball or balloon. Draw different fruits all over the ball or balloon as shown in the picture. Have the children stand in a circle and throw the ball to each other. When a child catches the ball they must look at the fruit that their thumb has landed on and try to name which fruit it is.



Fruit Tasting

Younger Martins may enjoy the chance to try new fruits and to name those they are familiar with. Why not prepare a fruit tasting table with various unusual fruits chopped up for the martins to try? Encourage them to try and identify the fruits and to learn the names of those they are unfamiliar with. Alternatively, you could use more common fruits and blindfold the children before giving them opportunities to try to identify them through tasting and touching. (Make sure to check for any allergies with parents at the start of the evening)

Pin the Fruit on the Tree

On a large piece of card, draw a tree. Stick the card to a wall. Print a copy of the "Pin the Fruit on the Tree Cut Outs" from your memory pen and cut the fruits out. Give each child a turn at being blindfolded and attempting to stick a piece of the fruit on the tree using double sided tape/blue tac/glue dots.

GAMES - MEGA-MARTINS

A fruit or not a fruit?

Have the Martins stand in the middle of the hall. Explain that one end is for "Fruits of the Spirit" and the other end is for characteristics or actions that are "Not fruits of the Spirit" When you call out a characteristic or action the Martins must run to the side of the hall that they think this characteristic belongs in. For example, if you shout "Love" they will run to the "Fruits of the Spirit" end. If you shout "Anger" they should run to the "Not fruits of the Spirit" end of the hall. You can make this easier for the Martins to understand by using actions such as "Sharing your toys" or "Hitting someone in the playground". After a few goes begin to put out those children who end up at the wrong end of the hall.

Don't Pop the Bubbles!!

Use this game to focus on the meaning of one of the fruits of the spirit – self-control. Have the children stand in a group while you blow a tube of bubbles and they try to pop them. You might want to add to the excitement by running away from them as you blow the bubbles so that they have to chase you to pop them! Now set them a challenge, this time when you blow the bubbles they should try and have the fruit of the spirit called self-control. Self-control means that we don't do things that we shouldn't even if we feel like we want to. Tell them that as you blow the bubbles they are not allowed to pop them, they must keep their hands by their sides. Anyone who manages to show self-control will win a sweet. Have fun blowing bubbles all around the Martin's while they try to resist popping them.

CRAFT - MINI-MARTINS

Colouring Sheet

Print a copy of the "Fruits of the Spirit Necklace" from your memory pen, for each child. Allow them to colour in the pictures.

Bubble Wrap Painting

You will need:

- Bubble wrap
- Paint
- Fruits printed or drawn onto card
- Scissors

Prior to your Brigade night draw some large fruit shapes onto card or print "Fruit Shapes" from your memory pen. Cut these shapes out. Lay out some pieces of bubble wrap and add lots of paint to them, using different colours on different pieces. The Martins can then enjoy placing their fruit shapes on the bubble-wrap to create a pattern, as shown in the picture.

CRAFT- MEGA-MARTINS

Fruits of the Spirit Necklace

Print a copy of the "Fruits of the Spirit Necklace" from your memory pen, for each child. Allow them to colour in the pictures and cut out the circles. Make a hole at the top of each circle and give each child a piece of string, long enough to easily pass over the child's head when tied, which they can add their circles to, making a necklace. Help them to tie a knot at the end of their string so that they can wear it.



Fruit Loop Necklaces/Bracelets

You Will Need:

- Kellogs Fruit Loops Cereal
- A few Copies of "The Fruits of the Spirit Necklace" from your memory pen
- Felt Tips
- String/Ribbon/Wool

Print and cut out the circles from the "Fruits of the Spirit Necklace" template on your memory pen. Punch a hole in the top of each circle. Allow the Martins to choose one each to colour in and add to their necklace. The can then add fruit loops to their string, stopping in the middle to add their fruit of the spirit circle.



THE CHALLENGE

Challenge the Martin's to think of a way to show one of these "Fruits of the Spirit" to someone they know this week. Give them examples such as helping out at home, sharing their toys, being kind to someone who is on their own in school. At the beginning of the next week give them an opportunity to share their stories.

WRAPPING IT UP

Pass around a box of raspberries/ strawberries/ blueberries and allow each Martin to take one. Before eating their fruit, ask them to hold it in their hand and close their eyes while you say the following prayer:

Dear Jesus

Please help us to grow more of the Fruit of the Spirit in our lives. Help us to treat others the way you would and to act in a way that pleases you. Thank you that you have given us the Holy Spirit to help us to become more like you.

Amen.

